

# Your Health, Our Priority

At Cengild, we understand that early detection is crucial for everyone's well-being. Our tailored health screenings are more than just tests—they're your first line of defense against potential health issues. By identifying concerns early, we empower you to make informed decisions and take control of your health journey. Make your health a priority today with our Super Saver Health Screening, and embrace a future of vitality and confidence. Because you deserve the best care for a healthier tomorrow.

# **Preparing For Your Health Screening**



Book your appointment via Call or WhatsApp at +603 2242 7018

### **Before Your Appointment:**



- Menstruation: Schedule your appointment 5 to 10 days after your period ends
- Fasting: Fast for 6 hours prior to your health screening appointment
- · Hydration: Drink plenty of water to stay hydrated, unless instructed otherwise
- Caffeine and Alcohol: Avoid excessive caffeine or alcohol before the screening

#### Clothing:



- · Choose comfortable attire, ideally a 2-piece outfit, to allow for easy access during the tests
- · Refrain from wearing jewelry or accessories that could interfere with the procedures
- For those scheduled for an Exercise Stress Test, please bring appropriate jogging attire

#### Documer



 Please bring your original NRIC if you are a local, or your original passport if you are a foreigner















CLINICAL ASSESMENT  Basal Metabolic Rate (BMR)  Body Composition Analysis  Body Mass Index (BMI)  Colour Vision Test  Physical Examination & History Taking  Vision Test  BLOOD TESTS  Blood Grouping (ABO + Rh)  Fasting Glucose  Full Blood Examination  Hebacitis B surface Antibody (HBAb)  Hepacitis B surface New York (HBAB)  Hepacitis B surface Antibody (HBAB)  Hepacitis C Antibody (Total)  Lipid Studies  Liver Function Test  Renal Function  Serum Free Thyroxine (FT4)  TUMOUR MARKERS  Breast Tumour Marker (CA 15.3)  Colon Tumour Marker (CA 15.3)  Colon Tumour Marker (CA 125)  Pancreas Tumour Marker (CA 19.9)  Prostate Tumour Marker (CA 19.9)  Prostate Tumour Marker (PSA))  URINE TESTS  Sull Urine Exam and Urine Microscopy  Urine Microalbumin  CARDIOVASCULAR ASSESSMENT  Exercise Stress Test  High-Sensitivity C-Reactive Protein (Hs-CRP)  Homocysteine  Resting ECG  UMAGING TESTS  Ultrasound Abdomen and Pelvis  COMPLIMENTARY Fibroscon (worth RM650)  CONSULTATION/COMPLIMENTARY  Doctor Consultation  Complimentary Refreshment		MALE	FEMALE
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### **Add-On At A Special Price!**

OGDS (+RM1900) 🚽 Colonoscopy (+RM2500) 🔑 OGDS and Colonoscopy (+RM3400)

🕅 Low Dose Lung CT Scan (+RM285) 🔯 Echocardiogram (+RM400) 🧗 Cardiac Stress Test (+RM305)

Coronary Cardiac Calcium Score (+RM700) 🧗 Ultrasound Breast (+RM282) 🐞 Chest X-ray (+RM55.60)





